



END OF SEASON "MOT"

All gundogs, whether or not they have sustained an injury during the shooting season, will benefit from a check over and a massage now that the season is over.

Whether your dog is out several times a week or just a handful of times during the season, they will have been in and out of cars, waiting around in inclement weather, going from 0 to 60 on a runner, jumping, swimming, running over uneven ground, carrying birds, carrying birds over barriers, in water, slipping on wet or icy ground etc, you get the gist.

All these things put strain on their muscles and other soft tissues and, if extreme, could cause an obvious and immediate injury - I observed my dog, Nero, on a shoot day attempting to get away from a dog that was chasing him and taking the quickest but toughest route to find me which had him overstretching, jumping across a river and later that day he had heat in his right lumbar and was not fully weight-bearing on his right hindlimb for around a week - but more often than not it is the small, repetitive strains that build up and cause an issue often much later on and your dog may not show any signs until it has got to a point where they are having to compensate and adjust their gait and posture.

Soft tissue injuries are not limited to when they are working, I've also observed Nero during the recent winter weather slip on wet leaves and icy patches in the garden, at training and out on walks.

Massage is great for treating compensatory issues and maintenance massage treatments are so beneficial in helping prevent these compensatory issues building in the first place.



£80

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This package consists of an assessment and a hands on treatment (usually £60 & £50 respectively) plus a report for your vet.

#1 - ASSESSMENT (allow 60-90 minutes)

Postural analysis



Gait analysis



Comfort scale



Passive & active range of motion assessment



Weight-bearing & proprioception tests



#2 - HANDS ON TREATMENT (allow 60 minutes)

Palpation to assess for areas of tension, heat or cold followed by a combination of massage, myofascial release, passive stretches and Photizo red light therapy.

Assessments and treatments take place in my dedicated treatment room just off the A21 on the Kent/Sussex border (Flimwell). Vet consent is required, this is not usually an issue if the vet has seen the dog relatively recently.

If you would like to book, please contact me via email zencaninetherapy@gmail.com or Whatsapp 07900 697383. If you would like to find out a bit more first you can request a no obligation chat via my website – www.zencaninetherapy.com